



## Tag Ball

**Equipment required:**

8 cones and 1 - 2 footballs

**Aim:**

Promotes working as a team to achieve an outcome while improving passing and evasion skills.

**Action:**

Players are divided into two even teams (depending on numbers) and placed in a 10m x 10m grid. The team commencing with the football (attacking team) is to “tag” players from the opposition team with the football.

A “tag” is performed by holding the football in two hands and touching an opposition player.

The attacking team must work as a team to get close to or “corner” opposition players so they can receive a pass from a teammate and make a “tag”.

**Progression:**

Introduce second ball.